



Join Us at 6:00 PM at Marshall High School, Falls Church , VA on October 23rd

- ◆ **JOIN** community leaders, teachers, parents and students as Real Food For Kids celebrates a Food Day event at Marshall High School
- ◆ **LISTEN** as experts discuss how current school food contributes to the public health crisis and can create impediments to learning
- ◆ **LEARN** about models of successful change in other public schools
- ◆ **WATCH** as teams of local students compete in a Culinary Challenge to create the ideal salad bar for our schools
- ◆ **ASK** the distinguished panel your questions during a Q & A session

Join Us To Celebrate



FEEDING
ACADEMIC
SUCCESS

In conjunction with the Center for Science in the Public Interest's National Food Day 2012

"Feeding Academic Success" activities will include:

- **Keynote Speaker:** Ann Cooper - chef, author, educator, and advocate for better food for all children
- **Panel Discussion:** Health and nutrition experts will discuss how school food contributes to the public health crisis and creates impediments to learning, and will also discuss models of successful change in public school food systems.

Featuring: **Chef Ann Cooper** - chef and author of "Lunch Lessons: Changing the Way We Feed Our Children"
Chef Nora Pouillon of Restaurant Nora (pending confirmation) - pioneer of nutritionally wholesome food

Katherine Bishop - Nutrition Policy Associate - Center for Science in the Public Interest

Edward Kwitowski - Chef and Director of School Food Services for DC Central Kitchen which prepares daily over 4,000 locally sourced, fresh cooked meals at DC Public Schools' pilot program

Natalie Sikka, MD - Obesity specialist in pediatric gastroenterology at INOVA Fairfax Children's Hospital

- **High School culinary challenge:** - Students from Fairfax County High School culinary arts programs are invited to send teams to compete in a challenge to create a fresh, nutritious and appealing salad bar that meets USDA National School Lunch Program guidelines. Our panelists will judge and present awards to winning students.

Please RSVP to FoodDay2012@realfoodforkids.org

Presented By



REAL FOOD FOR KIDS
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For more information on this and other nutritional school lunch activities please contact Real Food For Kids at:
Contact@realfoodforkids.org

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